

Instructions for Thyroid Uptake and Scan

This is a two day test. You will present to the Outpatient Department on the first day that you are scheduled fasting (NOTHING TO EAT OR DRINK). You will be given a pill to swallow and instructed to return at 6 hours for a scan. After this scan, you will go home and return the following day for part two. The Nuclear Medicine Department will instruct you on when to return on the second day. You will need to be fasting on the second day also (NOTHING TO EAT OR DRINK). After the second scan is completed, bring the scan with you to Endocrine and Metabolic Disorders. Your doctor will go over the results with you at that time. PLEASE DO NOT EAT ANYTHING ON DAY TWO BETWEEN THE TIME YOU HAVE YOUR SCAN AND SEE THE DOCTOR.